**“Out & Back” & “Loop” Bicycle Road Routes**

This bicycle map is designed to assist bicyclists in identifying enjoyable bicycle routes in Ashland & Bayfield Counties. These bicycle routes are intended for use by adults bicyclists who have had driver’s training, and possess the skills and knowledge to handle shared bicycle/water vehicle situations. Riders must assume full responsibility for their actions and that of other bicyclists who use this map, and do not warrant the safety of the roads on this map for use by bicyclists.

The user of this map bears full responsibility for his or her safety. Bicyclists should exercise good judgement and obey traffic laws on all roadways, regardless of the bicycle routes on this map. The state, Ashland and Bayfield Counties, cities, villages and towns, and communities may have their own rules, regulations, and restrictions. All bicyclists are encouraged to stay alert at all times. Be aware of hazards. Make yourself visible with brightly colored clothing and use appropriate lights for riding at dusk or under low light conditions. Be prepared for changes in weather and temperature.

*SAFETY FIRST!* Always wear a properly adjusted helmet of the proper size and fit. Use lights and reflectors to make you visible. A helmet can reduce the risk of head injury by 50%. Be aware of other road users when turning or stopping. Make eye contact with pedestrians whenever possible. Control your bike at all times. Be aware of hazards. Engage and maintain your bicycle properly.

For off-road biking, leave no trace and practice low-impact cycling. Enjoy cyclist etiquette. For more information, see the end of this map or contact the Northern Great Lakes Visitor Center.

Highlights of bicycle rides:
- “Out & Back” & “Loop” routes
- Scenic views
- Historical and cultural sites
- Local and regional attractions
- Natural areas
- Picnic areas
- Restrooms

**Apostle Islands National Lakeshore**

**WISCONSIN**

**ASHLAND COUNTY**

- Bayfield County Tourism
- Ashland County Tourism
- Ashland County Chamber of Commerce
- Ashland County Visitor Bureau
- Bayfield Chamber of Commerce & Visitor Bureau
- Bayfield County Chamber of Commerce & Visitor Bureau
- Northern Great Lakes Visitor Center

**IRA COUNTY**

- Iron County Tourism
- Iron County Chamber of Commerce
- Iron County Visitor Bureau
- Iron River Chamber of Commerce

**ASHLAND COUNTY**

- Ashland County Tourism
- Ashland County Chamber of Commerce
- Ashland County Visitor Bureau
- Bayfield Chamber of Commerce & Visitor Bureau
- Bayfield County Chamber of Commerce & Visitor Bureau
- Northern Great Lakes Visitor Center

**WI**

- www.VisitAshlandWI.com
- www.VisitIronRiver.com
- www.VisitBayfieldWI.com
- www.VisitMadelineIslandWI.com
- www.Visit ApostleIslandsWI.com

**Public Restrooms**

- Ashland: Ashland Beach, Prentice Park
- Bayfield: Barbeque Park, White River Park
- Cable: Cable Area Chamber of Commerce
- Chequamegon-Nicolet National Forest: Rec Center, Marina, Big Bay Town Park
- Drummond: Big Rock Park
- Iron River: Iron River State Park
- King: Big Bay Park
- Ladysmith: Ladysmith Area Chamber of Commerce
- Mellen: Mellen Area Chamber of Commerce
- Mesabi Park: Mellen’s Mesabi Park
- Minocqua: Minocqua Big Cold Lake Park
- Sugarbush: Sugarbush State Recreation Area

**Artesian Wells**

- Ashland: Ashland Beach, Prentice Park
- Bayfield: Bayfield’s Red Cliff
- Cable: Cable Area Chamber of Commerce
- Chequamegon-Nicolet National Forest: Rec Center, Marina, Big Bay Town Park
- Drummond: Big Rock Park
- Iron River: Iron River State Park
- Ladysmith: Ladysmith Area Chamber of Commerce
- Mellen: Mellen Area Chamber of Commerce
- Minocqua: Minocqua Big Cold Lake Park
- Sugarbush: Sugarbush State Recreation Area

**Butternut**

- Ashland: Ashland Beach, Prentice Park
- Bayfield: Bayfield’s Red Cliff
- Cable: Cable Area Chamber of Commerce

**Park Falls**

- Ashland: Ashland Beach, Prentice Park
- Bayfield: Bayfield’s Red Cliff
- Cable: Cable Area Chamber of Commerce

**Douglas County**

- Ashland County Tourism
- Ashland County Tourism
- Ashland County Chamber of Commerce
- Ashland County Visitor Bureau
- Bayfield County Tourism
- Bayfield County Visitor Bureau
- Northern Great Lakes Visitor Center

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- Iron River: Iron River State Park
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For more information, visit the Northern Great Lakes Visitor Center.

www.northcoastcycling.org

North Coast Cycling Association

Technical Assistance from:

- North Coast Cycling Association
  www.northcoastcycling.org
- Paradox Publicists
- Linda Hulka and Mary Winke
- Joe Grosso
**Biocycle Routes of Ashland & Bayfield Counties**

**APOLLO ISLANDS AREA – NORTHWEST WISCONSIN**

### 1. Bayfield Cape Lookout (Fruit Loop)

- 10 1/2 miles.
- Easy to moderate.
- Very scenic.
- Approaches include: Sugarbush, Seagull Point, Kitchi Point, and4 Point.
- Kitchi Point offers views of Lake Superior and the Apostle Islands.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 2. Apostle Islands National Lakeshore Rear

- 12 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 3. Apostle Islands National Lakeshore Rear

- 1.5 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 4. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 5. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 6. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 7. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 8. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 9. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 10. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.

### 11. Apostle Islands National Lakeshore Rear

- 10 miles.
- Easy to moderate.
- View of North Bay, Trees and reefs, Sugarbush, and 4 Point.
- 101 CAPS or 800-800-800 (CAPS). Restroom facilities and artesian well at Prentice Park, no services at Moquah. Low to moderate traffic on Hwy 2.