

Keep yourself and your loved ones safe and healthy.

Help to reduce the spread of COVID-19.

1. Maintain social distancing
2. Wash your hands frequently
3. Stay home when you are sick.
4. Call your doctor before going into to the clinic or hospital – your provider may choose to do a phone call or Telehealth appointment.
5. Avoid unnecessary trips within the community.

For frequently asked questions, please call your local health department, or go to your local health department webpage at www.BayfieldCounty.org/COVID or <https://co.ashland.wi.us/alert>.

This message is brought to you by the Chequamegon Bay Area Community:



**Memorial
Medical Center**

Right here in the place we love.



**Bad River Band of Lake
Superior Chippewa**

